



AAO23: Allergic Rhinitis: Intranasal Corticosteroids or Oral Antihistamines

High Priority Status: No / N/A

NQF Number: N/A

Measure Description:

Percentage of patients aged 2 years and older with a diagnosis of allergic rhinitis who are prescribed or recommended intranasal corticosteroids (INS) or non-sedating oral antihistamines.

Instructions:

This measure is to be submitted a minimum of **once per performance period** for patients diagnosed with allergic rhinitis. This measure may be submitted by clinicians based on the services provided and the measure-specific denominator coding.

Denominator:

All patients aged 2 years and older with a diagnosis of allergic rhinitis.

Denominator Note:

To meet the denominator criteria, a patient must have been diagnosed with allergic rhinitis at the time of an encounter. This includes new onset and existing allergic rhinitis diagnoses.

Denominator Exclusions:

None

Numerator:

Patients who are prescribed or recommended intranasal steroids (INS) or non-sedating oral antihistamines. A prescription for or medication reconciliation of over-the-counter medications can be used to identify patients taking medications.

Numerator Note:

To meet the intent of the measure, the numerator quality action must be performed at the encounter in which the active diagnosis of allergic rhinitis is documented.

Denominator Exceptions

- Patients with an allergy to oral antihistamines or intranasal corticosteroids.
- Patients with prostate cancer or benign prostatic hypertrophy as these patients may be intolerant of medications.
- Patients with a history of epistaxis due to intranasal steroid use.
- Patients with glaucoma
- Patient refusal

Measure Classifications

Submission Pathway: Traditional MIPS

Measure Type: Process

National Quality Strategy (NQS) domain: Effective Clinical Care

Meaningful Measures Area: Medication Management

Care Setting(s): Ambulatory Care: Clinician Office/Clinic

Includes Telehealth: Yes

Empowering otolaryngologist-head and neck surgeons to deliver the best patient care

Number of Performance Rates: 1

Inverse measure: No

Continuous measure: No

Proportional measure: Yes

Ratio measure: No

Risk Adjusted measure: No

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