



## **AAO23: Allergic Rhinitis: Intranasal Corticosteroids or Oral Antihistamines**

**High Priority Status:** No; N/A

**NQF Number:** N/A

Percentage of patients age 2 years and older with allergic rhinitis who are offered intranasal corticosteroids (INS) or non-sedating oral antihistamines.

**Denominator:**

All patients age 2 years and older with a diagnosis of allergic rhinitis.

**Denominator Exclusions:**

None

**Denominator Exceptions:**

- Patients with an allergy to oral antihistamines or intranasal corticosteroids.
- Patients with prostate cancer or benign prostatic hypertrophy as these patients may be intolerant of medications.
- Patients with a history of epistaxis due to intranasal steroid use.
- Patients with glaucoma.
- Patient refusal.

**Numerator:**

Patients who are taking intranasal steroids (INS) or non-sedating oral antihistamines. A prescription for or medication reconciliation of over-the-counter medications can be used to identify patients taking medications.

**Numerator Exclusions:**

None

**Measure Classifications:**

Measure Type: Process

National Quality Strategy (NQS) domain: Effective Clinical Care

Meaningful Measures Area: Medication Management

Care Setting(s): Ambulatory Care: Clinician Office/Clinic

Includes Telehealth: Yes

Number of Performance Rates: 1

Inverse measure: No

Continuous measure: No

Proportional measure: Yes

Ratio measure: No

Risk-adjusted measure: No

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